



UNIT 7: HEALTH AND ENVIRONMENT (Santé et environnement)

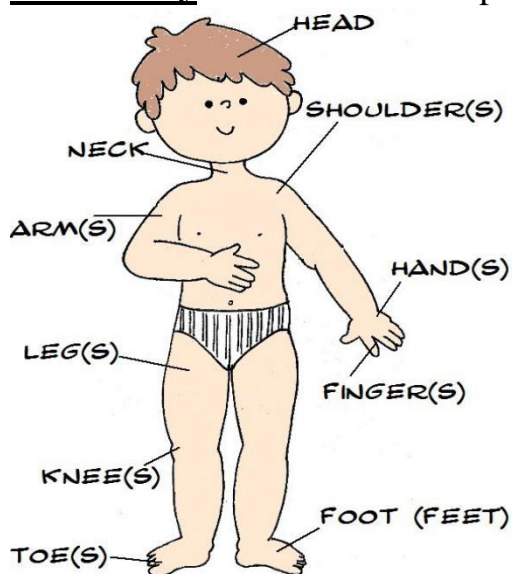
Lesson 1: Hygiene and the parts of the body (l'hygiène et les parties du corps humain)

Learning context: On the international day of health, the students of 5^e 2 at Collège Moderne Dimbokro are reading a text about the importance of hygiene to have a good health in order to have a discussion with their classmates of other 5^e classes.

LESSON CONTENT		
VOCABULARY	LANGUAGE FUNCTIONS	STRUCTURES
The parts of the body- hygiene- to wash- to brush the teeth- clean- dirty – to do the washing – up- to do the dishes- to care for	Expressing obligation	Must/ mustn't + verb Ex: I must keep my body clean.
	Using the imperative form to give order	Verb+ complement Ex: Put up your hands.

SESSION 1

Vocabulary: Words and expressions related to the parts of the body



The parts of the body

Language function: Giving order with the imperative form.

Turn your head!

Touch your legs!



Verb + complement

N.B. negative form: do not/ don't + verb+ complement. Ex: Don't sleep in class! /Do not eat too much!

Practice:

Activity1: Name the different parts of the body below. Number 1 is an example.

				
1. hand	2.....	3.....	4.....	5.....

				
6.....	7.....	8.....	9.....	10.....

Activity 2: Give order with the expressions in the parentheses. A) is an example.

- A. **Wash your hands before eating!** (to wash your hands before eating)
- B.! (to go to bed at 9.00)
- C.!(to touch your mouth with your hands)
- D.(to put the basket on your head)
- E.(not to close your eyes)
- F.(to shut your mouth)
- G.(not to make a noise)

Activity 3: match the parts of the body with human sense

1-to touch

a- ear

2-to smell

b- eye

3-to taste

c- body

4-to hear

d-nose

5- to see

e- tongue

SESSION 2

Vocabulary: Words and expressions related to hygiene (Mots et expressions relatifs à hygiène)

- **Hygiene:** hygiène
- **To wash:** I **wash** my hands before eating.
- **Clean:** Wash your hands to make them **clean**.
- **Dirty# clean:** Go and wash yourself! You are **dirty**.
- **To do the washing-up:** To wash clothes.
- **To do the dishes:** To wash plates, forks, glasses, etc.
- **To brush one's teeth= to clean one's teeth**
- **To care for:** I **care for** my teeth by brushing them.

Language function: Expressing obligation

We **must** practice hygiene to be clean!

We **mustn't** make our hands dirty.

Subject + must/ mustn't + verb +complement

Practice

Activity 1: Use the words from the box to complete the sentences. Number 1 is an example.

Dirty hygiene washing-up

dishes clean wash

1.**Wash**.....yourself before going to school!
2. You must practice dental.....not to have a pain in your teeth.
3. When your clothes are....., you do the.....
4.your teeth before going to bed at night.
5. We do the.....when we finish eating.

Activity 2: Complete the sentences with **must** or **mustn't**. Number 1 is an example.

1. We....**must**.... make our body clean.
2. Youwash your hands before taking your meal.
3. We.....clean our teeth after dinner.
4. She.....do the washing-up when her clothes are clean.
5. Theysleep in class when the teacher is there.
6. We.....practice hygiene to be nice.

Activity3: write either these statements are true or false

- 1- I must eat the classroom
- 2- She mustn't clean her nails
- 3- I must see the dentist regularly to keep my teeth safe.
- 4- you must walk with naked foot.
- 5- Yao mustn't wash his hands after using the toilets.
- 6- Sadjo must sweep the compound.
- 7- Students mustn't wear uniform to go to school.

SESSION 3

Communication task

Your English teacher has chosen you to talk about the importance of personal hygiene. To help you to have more information, he asks to read the text below and to do following activities.

THE IMPORTANCE OF PERSONAL HYGIENE PRACTICES

Every day, you come into contact with millions of outside germs and viruses. They can infect your body, and in some cases, you're not feeling well. Germs on your hands can easily enter your body through your mouth, nose, eyes, or ears. So, wash your hands when you touch food, before you eat, any time you touch an animal. You must know that personal hygiene is how you care for your body. This practice includes bathing, washing your hands, brushing

your teeth, and more. The best ways to learn more about why hygiene is so important is to practice it.

Extracted and adapted from <https://www.healthline.com/health/personal-hygiene#qa>

Activity 1: Select the right expressions to complete the sentences according to the text.

1. **We are always in contact with:**
 - a. Our teachers
 - b. Germs and viruses
 - c. Our parents

2. **When microbes infect our body:**
 - a. We are feeling happy.
 - b. We are feeling well.
 - c. We are not feeling well.

3. **Wash your hands:**
 - a. Before meals
 - b. After meals
 - c. During meals

Activity 2: After reading the text, you want to sum it up. Choose the words or expressions in parentheses to complete it and make it meaningful,

Personal hygiene practices are (**sleeping in my bed/ washing the parts of my body/ eating every day**). They can help me and people around me (**to feel well, not to feel well**). If I want to know that personal hygiene is important I must (**practice it / not practice it**).