



LEVEL: 5eme

SKILL: Reading

UNIT 7: HEALTH AND ENVIRONMENT (santé et environnement)

Lesson 2: Insanitary places and common diseases (Endroits insalubres et maladies courantes)

Learning context: The students in 5^{e6} at college Moderne of Bengassou are reading the letters from their American penfriends which talk about insanitary places and common diseases in their country.

LESSON CONTENT		
VOCABULARY	LANGUAGE FUNCTION	STRUCTURE
Insanitary – salubrious – rubbish- rubbish can – to collect- to sweep- to throw away- to prevent- to protect oneself against –	Giving advice	Should/ shouldn't +verb Ex: We should sweep our classroom.
Disease- stomachache- headache- toothache- malaria- chickenpox – conjunctivitis – cold and flu – diarrhea – coronavirus-covid-19 - malaria- AIDS- typhoid fever- fever	Expressing causes	Subject + cause/ causes + complement Ex: Mosquito bites cause malaria.

SESSION 1

Vocabulary: Words and expressions related to common diseases. (Mots et expressions relatifs aux maladies courantes.)

- **A disease/ a sickness/ an illness** = a malady
- **Fever:** When I have a disease and my temperature is high, I have **fever**.
- **Common diseases**

Diarrhea – conjunctivitis (pink eye) – chickenpox (varicella) – malaria – coronavirus-covid-19 – AIDS – typhoid fever- tuberculosis



Cold and Flu



Stomachache



headache



toothache

Language function

Expressing causes

Mosquito bites **cause** malaria. Microbes in the mouth **cause** toothache. Eating many mangoes **causes** stomachache.

Practice

Activity 1

Put the letters in order to obtain meaningful words

Example :

- 1) lailcearv —————> varicella
- 2) rhidaera —————>
- 3) limara —————>
- 4) rfeev —————>
- 5) sdsesaie —————>

Activity 2: Match the common diseases in column A with their symptoms in column B. Number 1 is an example.

A	B	
Diseases	Symptoms	Answers
1. Headache	a. respiration problems, coughing	1.c
2. AIDS	b. spots on the skin, fever.	
3. conjunctivitis	c. pain in head, fever	
4. coronavirus covid-19	d. diarrhea, tuberculosis, fever	
5. chickenpox	e. red eye- blurry vision.	
6. malaria	f. strong fever, yellow vomiting	

Activity 3: Write the correct sentences with the words and expressions in the parentheses. Number 1 is an example.

1) (cold and flu, respiration problems, coughing / coronavirus, covid-19)

Covid-19 can cause cold and flu, respiration problems and coughing.

2) (bacteria infection of eye / conjunctivitis)

.....

3) (malaria / mosquito bites)

.....

4) (stomachache / eating too much)

.....

5) (chickenpox/ spots on the skin and fever in the children)

.....

6) (toothache / eating without brushing the teeth)

.....

SESSION 2

Vocabulary: Words and expressions related to insanitary conditions (mots et expressions relatifs a l'insalubrité)

- **Insanitary place:** A place which is very dirty.
- **Salubrious place:** A place which is clean.



rubbish



leftover food



rubbish can



To sweep



To collect



To throw rubbish away

- **To prevent:** to stop
- **To protect oneself against:** to keep safe from, defend, guard

Language function

Giving advice

We **should** keep our environment clean.

We **shouldn't** live in dirty places.

Subject + **should/shouldn't** + verb + complement

Practice

Activity 1

Match the words in column A with those in column B to obtain meaningful expressions. Example :1-c/an insanitary place.

A	B
1) An insanitary	a) rubbish
2) To throw away	b) food
3) To sweep	c) place
4) Leftover	d) the floor
5) To prevent	e) oneself
6) to protect	f) malaria

Activity 2

Read the paragraph and then complete it with the words from the box. Number 1 is an example.

salubrious rubbish sweep clean insanitary sick

It is important to live in 1...**salubrious**....places. That is why we should 2.....the different rooms every morning, collect 3.....and throw it away into the rubbish can. We shouldn't create 4.....conditions not to be 5..... We should keep environment.6.....to prevent illness.

Activity 3

Complete the sentences with **should** or **shouldn't** to give appropriate advice. Number 1 is an example.

- 1- We ...**should**...live in salubrious conditions to feel well.
- 2- People.....prevent coronavirus, covid-19 by washing their hands regularly.
- 3- Studentseat too much to prevent stomachache.
- 4- We.....protect ourselves against malaria by sleeping under mosquito nets.
- 5- We.....create dirty places by throwing rubbish away from the rubbish can.
- 6- We.....practice personal hygiene to prevent skin diseases.

SESSION 3

Communication task

During the English club meeting you are reading an article in an American health magazine on the spread of conjunctivitis. The article is below. Read it and do the activities that follow.

PINKEYE

This inflammation of eye (also called conjunctivitis) causes redness, blurry vision, and crusty eyes. Pinkeye in younger kids is most often caused by a bacterial infection, which must be treated with antibiotic drops. (Note: It can also result from a virus, which doesn't require medication, or allergies or an irritant in the air, which can be addressed with allergy eyedrops.) The sick child shouldn't return to class until he's been treated for at least one day. He should wash his hands regularly and avoid touching his eyes and sharing hand towels, blankets, or pillows so he doesn't infect anyone else in his home.

Extracted from <https://www.parents.com/health/the-10-most-common-childhood-illnesses/>

Activity 1

answer the following questions

1. Give a synonym to the word "PINKEYE"

.....

2. Enumerate the symptoms of this disease.

.....

3. Say what causes this disease.

.....

4. Give the medicine people use to treat this disease.

.....

5. Say what the sick child can do to prevent this disease.

.....

Activity 2

For the celebration of the health Day , you are asked to present an esposé on conjunctivitis .In your presentation :

- ✓ Say what **conjunctivitis** is
- ✓ State the causes of and the symptoms of **conjunctivitis**
- ✓ suggest the measures to avoid **conjunctivitis**

