



Level: 5<sup>ème</sup>

Skill: Listening

Unit 6: FOOD AND DRINKS

LESSON 3: MY FAVOURITE MEAL

**SESSION 1**

Source: Learn it, do it 5<sup>è</sup>

**Learning context:** The Embassy of USA is organizing a cooking contest between the schools of the region of Bondoukou to promote traditional dishes. To prepare themselves, the students of 5<sup>ème</sup> 1 of Lycée Moderne of Transua are following a cooking programme on a Ghanaian TV channel.

Lesson content

VOCABULARY	LANGUAGE FUNCTION	STRUCTURES
To like – to prefer – vegetables – lemonade – roasted chicken – fried fish – fried rice – groundnuts soup	Expressing preferences	I <b>prefer</b> ginger juice to beer. I'd <b>rather</b> drink ginger juice.

INPUT PHASE

Vocabulary

			
to like	to prefer	vegetables	a lemonade
			
roasted chicken	fried fish	fried rice	groundnut soup



Language function: Expressing preferences

I like fried fish.



I

So I like fried fish and roasted chicken. If I have to choose between the two things I like, I will express my preference by saying:

I **prefer** roasted chicken to fried fish  
Or  
I'd **rather** eat roasted chicken.

also like roasted chicken.

## PRACTICE PHASE

**Activity 1:** This activity is about cooking an omelette. While you listen to the teacher read the text, write the expressions or words you hear in the table below.

EXPRESSIONS	WORDS
- crack eggs	-
-	-
-	-
-	-
-	-

### Listening text:

**Expressions:** crack eggs; cut up onions; add up salt; pour some oil; slide the omelette.

**Words:** bowl; slices; pan; fry; mixture; plate

**Activity 2:** With your partner, make suggestions and reply to them using the information in the table.

Example: 1) A: How about going to dance tonight?

B: I'd rather watch a good film / I prefer watching a good film

Proposals	Preferences
1- How about going to dance tonight?	- to watch a good film.
2- Let's play football today.	- to play ludo.
3- Do you want a glass of beer?	- to appreciate a coke.
4- We are going to France next summer.	- to visit England.
5- Should I put on the TV?	- to read a book.
6- Do you want some sorrel juice?	- to drink some apple juice.

## SESSION 2

Source: Learn it, do it 5<sup>e</sup>

### Learning context (Recall)

The Embassy of USA is organizing a cooking contest between the schools of the region of Bondoukou to promote traditional dishes. To prepare themselves, the students of 5<sup>ème</sup> 1 of Lycée Moderne of Transua are following a cooking programme on a Ghanaian TV channel.

### Lesson content

VOCABULARY	LANGUAGE FUNCTION	STRUCTURES
A recipe – to cook – to add – to fry – to wash – to boil – to pour – to chop	Describing a process	Firstly, secondly ..... and then, after that, lastly

### INPUT PHASE

#### Vocabulary

<p><b>Spanish Omelette</b>            Prep Time: 10 minutes            Cook Time: 30-35 minutes            Serves: 4-6 people</p> <p><b>Ingredients</b>            ½ cup canola/olive oil blend            4 potatoes, thinly sliced            1 yellow onion, chopped            2 tsp. of roasted garlic, (can sub garlic powder)            8 eggs, scrambled in a large bowl            1 tsp. kosher salt            Fresh ground pepper            Parmesan cheese, grated for garnish            Tomato, cut into wedges for garnish            Avocado, sliced for garnish</p> <p><b>A recipe:</b> a set of instructions for preparing food</p>	 <p><b>to cook = to prepare food</b></p>	 <p><b>to add salt</b></p>	 <p><b>to fry fish</b></p>
 <p><b>To wash a carrot</b></p>	 <p><b>to boil water</b></p>	 <p><b>to pour</b></p>	 <p><b>to chop</b></p>

### Language function: Describing a process.



This is omelette. To explain how to make it, we use sequence words + imperative: **First – Second – Third – After – Then – next – before – finally.**

So, to cook omelette, **first**, take your eggs and crack them into a bowl. **Second**, add a pinch of salt and pepper before mixing them with a fork. **Third**, bring your pan to a high heat and add oil. **Then**, pour in your mixture and cook on a high heat for 2 minutes. **Finally**, serve immediately with a piece of bread.

**PRACTICE PHASE**

**Activity 1:** As you listen to the description of the people, complete the table with + when they like the food or – when they dislike them. Do it like in the example.

- “+” = LIKE
- “ – “ = doesn’t like

	Rosted chicken	Pounded plantain with okra soup	Fried fish and attiéké	Pepper soup and rice
Ornella	+			
Koffi				
koné		–		

**Listening text:**

Ornella likes roasted chicken. She also likes fried fish and attiéke. She doesn’t like pepper soup and plantain.

Koffi only likes pounded plantain with okra soup; he likes pepper soup and rice too.

**NB: only the teacher should have this text to read while students listen.**

**Activity 2:** As you listen to the record, fill in the different gaps with the missing words.

**Example: 1 – Firstly**

Cooking scrambled eggs is easy. (1)..... I put three eggs and a spoon of milk in the bowl. Secondly, I ... (2) ... the eggs and the milk. Then I add ... (3) ... and fresh pepper. After that, I fry ... (4) ..... in a pan. Then , I ... (5) ..... the eggs. ... (6) ....., I serve the eggs and add some ..... (7) ..... of potato.

.....

.....

.....

.....

**Listening text:**

**Firstly**, I put three eggs and a spoon of milk in the bowl. Secondly, I **beat** the eggs and the milk. Then I add a **pinch of salt** and fresh pepper. After that, I fry **the mixture** in a pan. Then, I **scramble** the eggs. **Finally**, I serve the eggs and some **slices** of tomato.

### SESSION 3

Source: Learn it, do it 5<sup>e</sup>

#### Situation d'évaluation (Communication activity)

In order to be the winner of the cooking competition the United States embassy is organising in the region of Bondoukou, the 5<sup>eme</sup>1 students of Lycée Moderne of Transua receive through an sms the description of the recipe of fried rice. But, the recipe is in disorder. Fortunately, their teacher has the audio version of the ordered text. As a student of the class,

1. while you listen to the record, write the number in front of each statement like in the example.

**Example: - put the pot on the fire. ➡ 1**

- Add the vegetables and water, and cook for 10 minutes.
- Cover the pot and let them meat boil for 10 minutes.
- Fry the meat stir for 2 minutes.
- Season the meat with salt and pepper.
- Add pepper and salt.
- Wash the rice and put it into the pot.
- Pour the oil into the pot.
- Let the tomato sauce boil until it dries.
- Cut up the onions, carrots, the garlic and the cabbage.
- After 10 to 15 minutes, your fried rice is ready.
- Mix the tomato paste with the water and pour it into the pot. Then stir. Add the onions, tomatoes and garlic.

2. Write the instructions in the right order to have the written version of the recipe.

#### **Listening text:**

- 1 - Add the vegetables and water, and cook for 10 minutes.
- 2- Cover the pot and let them meat boil for 10 minutes.
- 3- Fry the meat stir for 2 minutes.
- 4- Season the meat with salt and pepper.
- 5- Season the meat with salt and pepper.

6- Wash the rice and put it into the pot.

7- Pour the oil into the pot.

8- Let the tomato sauce boil until it dries.

9- Cut up the onions, carrots, the garlic and the cabbage.

10- After 10 to 15 minutes, your fried rice is ready.

11- Mix the tomato paste with the water and pour it into the pot. Then stir. Add the onions, tomatoes and garlic.

12 – Put the pot out of the fire